Navy Exceptional Family Member Program (EFMP) Respite Care

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EFMP Respite Care

• How it Works
• Project Locations
• Services Provided
• Parent Assessment
• Testimony
Navy EFMP Respite Care
How it Works

• Eligibility Verification
  - CCA
  - Warm hand-off

• Parent Choice
  - In child’s home
  - Out-of-home (licensed)
  - Special treatment facility

• Quality Management
  - Provider backgrounds & training
  - Monitoring respite care
  - Monitoring project sites
  - Parent & provider survey
NACCRA's Exceptional Family Member Program (EFMP) Respite Care - Referral Process

If a family contacts the Installation about EFMP Program

Refer to

Child Care Aware (CCA) to determine eligibility for EFMP Respite Care

Is family registered with the Navy EFM program? Are they Cat IV or V?

YES

CCA determines where Navy family is stationed. CCA refers them to participating agency. CCA will connect family to the agency via a 3-way conference call to the agency contact. If contact is not available, CCA will gather initial information from parent to send to the partner agency via email

Agency will work with Navy family to determine respite care needs and locate appropriate providers. Agency will look for appropriate respite care and continue to work with the Navy family

Navy family selects Respite Care providers.

Family will complete EFMP parent application given by the agency and respite care will be provided.

NO

CCA refers family to EFMP installation contact to get registered in the EFM program on base or if they are category III or below, they are informed they are not eligible at this time

Family will contact CCA again once they are registered
Navy EFMP Respite Care

Locations

- Bremerton, WA
- Greater Washington DC
- Jacksonville, FL
- Norfolk, VA
- San Diego, CA
- Independent locations including HI
Navy EFMP Respite Care Usage

• Services to date (cumulative)
  - Delivered over **398,000** hours of care as of March ‘11
  - Enrolled **602** families with **1,289** children
  - Served **526** families with **1,191** children
  - Completed **80** independent cases including **34** in Hawaii

• Currently using **7** agencies in **6** states
## Navy EFMP Respite Care Usage By Site

<table>
<thead>
<tr>
<th>Locations</th>
<th>Total Unduplicate Families Served</th>
<th>Total Unduplicated Children Served</th>
<th>Total Hours of Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bremerton, WA</td>
<td>80</td>
<td>202</td>
<td>84,375</td>
</tr>
<tr>
<td>Greater DC</td>
<td>52</td>
<td>119</td>
<td>30,044</td>
</tr>
<tr>
<td>Jacksonville, FL</td>
<td>63</td>
<td>146</td>
<td>46,874</td>
</tr>
<tr>
<td>Norfolk, VA</td>
<td>88</td>
<td>188</td>
<td>65,567</td>
</tr>
<tr>
<td>San Diego, CA</td>
<td>175</td>
<td>386</td>
<td>119,800</td>
</tr>
<tr>
<td>Independent Families</td>
<td>68</td>
<td>150</td>
<td>51,417</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>526</strong></td>
<td><strong>1,191</strong></td>
<td><strong>398,077</strong></td>
</tr>
</tbody>
</table>

Program to-date 3/11
There is a waiting list for services in each geographic area.
Families’ Overall Satisfaction with Services Received through EFMP Respite Care

- 78.6% Very Satisfied
- 14.3% Moderately Satisfied
- 2.9% Slightly Satisfied
- 1.4% Slightly Dissatisfied
- 2.9% Moderately Dissatisfied
- 0.0% Very Dissatisfied
Of the Enrolled EFM children (under 19):

- 37% have more than one EFM
• Over 50% of families reported an EFM on the Autism Spectrum
  - 43% Autism
  - 10% Aspergers Syndrome

• Additional conditions listed by parents include (but not limited to):
  - 33% Attention Deficit Hyperactivity Disorder (ADHD)
  - 43% Developmental Delays (including speech/reading)
  - 18% Mental Retardation
  - 16% Respiratory Disorders (e.g., Asthma, Chronic Lung Disease, etc.)
  - 15% Cerebral Palsy
“This respite program has been an essential part of my families’ survival. With my husband on deployment and no family, this has been the only support that we have. I cannot express my gratitude enough for this program and all the help to support it. It means the world to me and my family!”
We would never have been able to function without this program. My husband is completing a difficult residency and without this program, he would have not been able to focus on his current mission, as our entire family and support network is on the east coast. Thank you for this program!